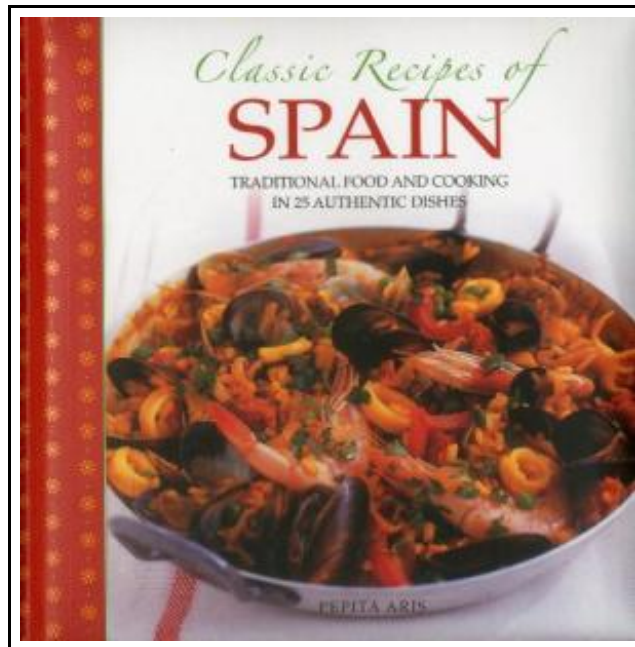


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Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Classic Recipes of Spain: Traditional Food and Cooking in 25 Authentic Dishes, Pepita Aris, This book lets you explore the essence of this rich historical cuisine with classic recipes, from weekday family meals to dishes for special occasions. It includes recipes handed down through the generations for soups, vegetables and salads, fish and seafood, poultry and game birds, meat, and desserts. The introduction offers a fascinating overview of the Spanish landscape, festivals and key ingredients. You can enjoy the varied delights of Spanish cuisine with recipes like Gazpacho, Bunuelos, Chicharrones, Artichoke Rice Cakes with Manchego, Chicken with Lemon and Garlic, Rabbit Salmorejo and Crema Catalana. It includes beautiful photographs of practical steps and final dishes, and nutritional information for every recipe. It is written by a leading authority on Spanish food and cooking. Spanish food and cooking is as rich and diverse as the landscape itself, and reflects the Spanish cook's love of local ingredients such as olives and olive oil, herbs and spices, fresh vegetables, and sausages and hams. The recipes chosen here focus on home-style Spanish cooking, with chapters on tasty soups and salads, healthy fish and shellfish, delicious local meat and game dishes, and ice creams and fruit desserts. All the well-known Spanish dishes are included, such as Escalivada, Tortilla, Polla a la Espagnol, Lamb with Red Onion Salsa, and Sorbete de Limon. Every recipe is explained in step-by-step detail with a glorious photograph of each finished dish. This wonderful little book captures the real taste of Spain and will allow you to prepare Spanish food with confidence and style.



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