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Extraordinary Golf

By Fred Shoemaker

Time Warner International, United States, 1997. Paperback. Book Condition: New. Reprint. 201 x 130 mm. Language: English . Brand New Book. Most golfers approach the tee with a complex mental package: worries and judgments about their swing, the other person's swing, the course, the weather, looking good, looking bad. They think about what's wrong instead of what's possible, and this is what Extraordinary Golf teaches: the art of the possible. Drawing on his experience teaching both amateurs and professionals for more than fifteen years, in his clinics around the country, in his Golf in the Kingdom seminars at the Esalen Institute, and at his own School for Extraordinary Golf in California, Shoemaker shows how extraordinary golf can be coached, learned, and practiced, with results not only in people's scores but in their sheer pleasure in the game. Combining a host of practical exercises with an entirely new point of view, he demonstrates how to focus not on the voices in your head but on the reality of golf: the club, the ball, your body, the course - the elements that actually make up your game. He shows how to approach shots creatively, instead of mechanically; how...



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