



Availability: The Challenge and the Gift of Being Present

By Robert J. Wicks

Ave Maria Press. Paperback. Book Condition: new. BRAND NEW, Availability: The Challenge and the Gift of Being Present, Robert J. Wicks, For almost thirty years, Availability has been a trusted guide for cultivating openness and being present to God, self, and others. In this new edition, Robert Wicks describes availability as a challenging but spiritually rewarding way to live a more balanced life. In this simple, accessible book written in his characteristic warm and direct style, Wicks shows how self-awareness, compassion for others, and prayer are but different turns on the same road of finding and living the Truth. Wicks looks at the three dimensions of spirituality through the lens of availability. Looking first at self-awareness, he offers brief chapters on forgiveness, clarity, and the uniqueness of each person. In part two, he examines availability to others as a twofold challenge: negotiating the difficulties inherent in relationships and entering into others' pain. In part three, Wicks explores availability to God, focusing on letting go and experiencing him.



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