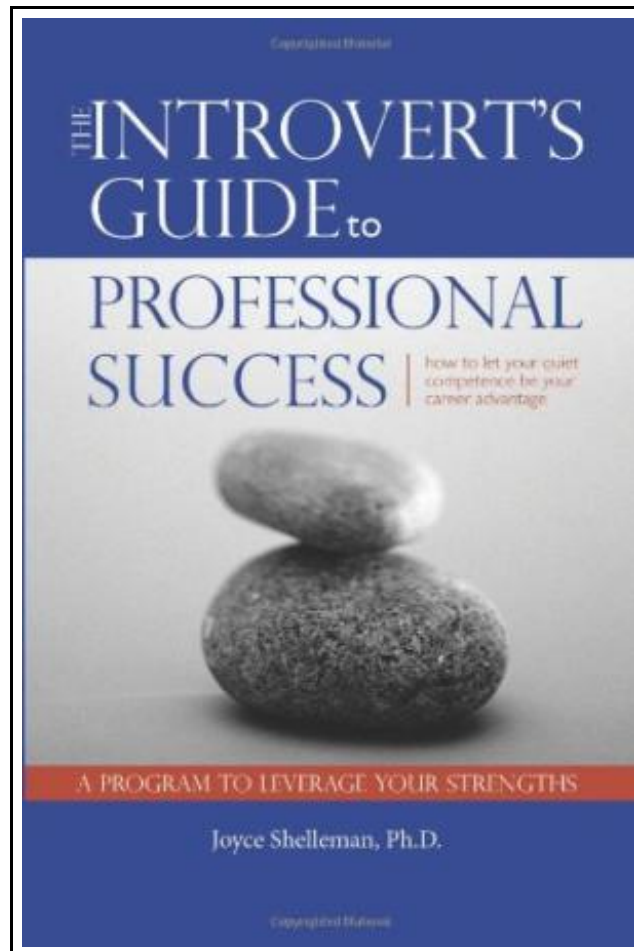


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THE INTROVERTS GUIDE TO PROFESSIONAL SUCCESS: HOW TO LET YOUR QUIET COMPETENCE BE YOUR CAREER ADVANTAGE - A PROGRAM TO LEVERAGE YOUR STRENGTHS

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Snowy Ridge Studio. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 9.0in. x 6.0in. x 0.9in. As an introverted professional, you're bright, ambitious, and ready to get ahead despite a business world that often favors extroversion. Whether you seek a flourishing practice, a promotion, meaningful projects, or to become a respected leader, you want to optimize your career without compromising your basic quiet personality. This is the first book to explicitly address introversion as it relates to a broad range of professional dynamics in the workplace. It not only covers the topic in detail but provides a comprehensive professional development program. In this book, business behavior expert and introvert Joyce Shelleman, Ph. D. presents a straightforward three step strategy - grounded in behavioral science and drawn from experience - to deploy your introversion as the vital professional asset that it is. With this roadmap to navigate successfully to your goals, you learn to: Recognize and adroitly push back to overcome the unwritten workplace rules that put introverts at a disadvantage Build your influence, lasting connections, and professional network with integrity, guided by your personal values Let your quiet competence, expertise, and thoughtfulness be your leadership and career edge Focus your precious energy and time on what matters most

TABLE OF CONTENTS:

Introduction

Part I Claim Your Identity

1. Are You an Insightful Expert
2. How Being a Professional Creates Challenges for an Insightful Expert
3. What is Introversion
4. Introvert or Extrovert
5. Introversion in the Professional Workplace
6. The Third Eye Framework: A Strategic Roadmap to Professional Success

Part II Create Impetus

7. Develop Your Plan
8. How Planned Change Happens
9. Muster Courage to Take Action
10. Values Meaning (and Motivation)
11. Raise Your Self-Awareness
12. From Experience Comes Confidence
13. No Longer Hidden and Blind: Self-Disclosure as a Path to Connection
14. Emotional Intelligence: The Insightful Experts Secret Tool
15. Get to Specifics: Identify...



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