



Why Is Mom So Mad?: A Book about Ptsd and Military Families

By Seth Kastle, Julia Kastle, Karissa Gonzalez-Othon

Tall Tale Press, United States, 2015. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The children s issues picture book Why Is Mom So Mad? is a story for children in military families whose mother battles with combat related Post Traumatic Stress Disorder (PTSD). After a decade fighting wars on two fronts, tens of thousands of service members are coming home having trouble adjusting to civilian life; this includes struggling as parents. Asymmetrical warfare has blurred the lines of women in combat roles, female veterans are impacted by this through current conflicts more than ever. Why Is Mom So Mad? Is a narrative story told from a family s point of view (father and children) of a service member who struggles with PTSD and its symptoms. Many service members deal with anger, forgetfulness, sleepless nights, and nightmares. This book explains these and how they affect Mom. The moral of the story is that even though Mom gets angry and yells, she still loves her family more than anything.



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