



## Autism Thanksgiving and Christmas

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By Travis Breeding

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Large Print. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The holidays are a fun but stressful time of year for all. Add autism to the equation and there is potential for a nightmare to occur if there is not a game plan in place. Travis shares his game plan and provides tips to parents wanting to learn how to help their children survive the holiday gathering without a severe meltdown. Travis talks about using the special interest as a coping mechanism. The special interest can help your child be entertained and keep their mind off of the stress that is being placed upon them by the amount of people at a holiday gathering. This book will teach you how to use the special interest to your advantage and help your child with meltdowns. While not all melt-downs can be prevented there is an excellent chance that they can be reduced with proper interventions. Travis also teaches the reader how to come down into the mind of a child with autism and really connect with them in their environment and their world. It...



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